DEEP EAST TEXAS COUNCIL OF GOVERNMENTS AREA AGENCY ON AGING CONTRACTOR INVOICE - FY2025

FINAL SECTION AND ADDRESS OF THE PARTY OF TH	ACTOR INVOICE - FY2025
CONTRACTOR NAME: TYLER	COUNTY
MONTH/VEAR F.	<u>SOUNTY</u>
MONTH/YEAR: Feb. 2025	SUBMISSION #:
CONTRACTOR	
CONTRACT SERVICES AUTHOR	RIZED:
Congregate Meals	
Program Income Collected	\$16.34 40
Area Agency on Aging Funded Meals (747)	\$1634.40 /\$9.15 = 179 meals
Other Eligible Meals	
	51 × \$9.15 = \$ 466.65
Senior Center Operations	
Area Agency on Aging	1 x\$1,300.00=\$_1300.00
Division	1300.00
Physical Fitness Area Agency on Aging (311)	
	142 x s 3.19 = s 452.98
1	
7. 1	
Certified By: Board Member	3.4-25
	Date
Certified By: Area Agency on Aging Staff	
Bing Staff	Date

Effective 10/1/2024

TYLER COUNTY MONTHLY NUTRITION EDUCATION/ SENIOR CENTER ACTIVITY

MONTH: Feb. 2025 DAYS/HOL	URS OF OPERATION: M-	F 7a-30)
NUTRITION EDUCATION: (please attach exam	ple of material presented and a list	of the people that rece	ived it)
Number of Nutrition Education Programs Provid (Attach copy of program)	Congregate M		n idografi (Jago
Contacts (People receiving information	<u> </u>	2.1105	
SENIOR CENTER ACTIVITIES:			
Number of Health Screenings Provided	Number	Contacts	
Number of Recreation Activities Provid	ed <u>27</u>	304	
Number of Exercise Sessions Provided	_11_	14a_	
Number of Art Therapy Sessions Provid		_13_	
Number of Music Therapy Sessions Pro		_0_	
Number of Adult Education Sessions Pro		24	
SENIOR CENTER ATTENDANCE: (please record	daily attendance) 13 — 17 53 21 14 37 18 — 22 5 57 19 — 23 6 39 20 51 24	43 25 65 26 29 27 51 28	
DATE OF RECEIPT Enter "Amount Used" and Initial	BUDGETED AMOUNT	AMOUNT USED	·
	edate Comment of the		7000
ongregate Meals In-Kind	\$9,909.00 ÷ 12 =	825.75	
ertified by: Board Member eviewed by:	7	Date: 3-4-	25
Area Agency on Aging Staf	f	Date:	
Trans			

Effective 10/1/2024

Feb-25

SIGN-IN SHEET

Series: BVVLVV 348 - Tyler County Nutrition Cent	er (201 Veteran's Way) - 2025-01-28
Date: 2 4 25 Location: TCN	ut Aron Conten Session #: 2
Name: Cheryl Cauley	ID:
lame: Monna Sims	· ID:
Jame: Sueller Keiger	ID:
Jame: Pat Mudeis	, ID:
ame: Judy Mott	ID:
ame: Chrose Draddock	ID:
ame:	
ime:	10:
ime:	ID:
ime:	ID:

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identification.

SIGN-IN SHEET

corres. DWEW 546 - Tyler County Nutrition Ce	enter (201 Veteran's Way) - 2025-01-28
01.1.	Metrition Center Session #: 3
Name: Cheryl Cauler	ID:
Name: Larry Jell	
Name: Write Braddock	iD:
Name: Swellen Vacce	(D:
Name: HAROLDEWILLIO	IMAS ID:
James Judy Mott	ID:
Jame: Patricia Murder	ID:
ame:	ID:
ame:	ID:
ame:	D:

rexas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity

SIGN-IN SHEET

Series: BWLW 348 - Tyler County Nutrition Cen	
Date: 2/25/25 Location: Nuh	ition Center Session #:
Name: Swellen Ruge	ID:
Name: Cheryl Caule	ID:
Name: HAROLDE WILLION	The state of the s
Name: Patricia Muders	ID:
Name: Judy nott	ID:
Name: Wrie Braddock	D:
lame:	
ame:	ID:
ame:	10:
ame:	ID:
USDA is an equal opportunity provider and	ID:
To learn more about the Supple Strension provides equal oppor	t employer. This material was funded by USDA's Supplemental Nutrition Assistance Program — St mental Nutrition Assistance Program (SNAP) or to apply for benefits, visit www.yourtexasbenefits.c tunities in its programs and employment to all persons, regardless of race, color, sex, religion, nationing, disability, age, genetic information, veteran status, sexual orientation, or gender identification.
no moterial	

13 SR

Suller Sour	WED: Southeast	27
Patherine Deason	15	28
Cheryl Canley	16	29
Liprette Faircloth	17	30
Donne Simo	18	31
	19	32 (5)
7110	20	33
	21	34
	22	35
no material	23	36
left for class	24	37
action of crease	25	38
	26	34

Monthly	Service	Roster
THE STREET STREET STREET		

Printable - Congregate Meal Roster - Tyler County

2/2025

Agency:

Deep East Texas Area Agency on Aging Tyler County - C1

Provider:

Tyler County Nutrition Center

Site: Service:

Identifier: ult Unit Rate:	Congregate Meals Title III-C1 \$10.17	Fund Identifier: Default Unit Rate:	Program Income \$10.17		
Sat 1 Sun 2 Mor	13 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun	9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15	Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 2	3 Mon 24 Tue 25 Med 26 Thu 27 Feb 20	
	Abeyta, Sandra D	Service: Congregate Meals	Fund Identifier: Program Income		
			Identifier: 1.05 am Anothe	Subservice: (None)	
		Service: Congregate Meals	Fund Identifier Title III-C1	Subservice: (None)	
			IOROUGES:	(None)	
	Adkins, Wende	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
				(tole)	
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Adney, Charlotte D	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
	XX			Total State of	8
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	0
	Adney, William J				
	Auliey, William J	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
			The second secon	XIII	1
	FITTE	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Allen, Margie F				
	raiding Flatigue	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals			2
		Congregate Heats	Find Identifier: Title III-C1	Subservice: (None)	2.
	Alonso, Jose A	Service: Congregate Meals			
			Fund Identifier: Program Income	Subservice: (None)	_
	20 21	Service: Congregate Meals	Fund		3
			Fund Identifier: Title III-C1	Subservice: (None)	
	Alvarado, George G	Services Congregate Meals	Fund Identifier: Program Income		
	XXXX	MINNO	Identifiers Program Income	Subservice: (None)	4
		Service: Congregate Meals	Fund Title III-C1		8
			Literatifiers Title AAA CA	Subservice: (None)	/
	Alvarez, Charles	Service: Congregate Meals	Fund Identifier: Program Income		1
			AGENCITIES:	Subservice: (None)	2 (
		Service: Congregate Meals	Pried Title III-C1	Subservice: (None)	-
27.7	AND SECURITION	Although the second second		(NOILE)	
1 Sun 2 Mon 3	Tue 4 Wed 5 Thu 6 Fri 7 Sat B San C	Total Charles (March Charles C	n 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23		

Page 2 of 42

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wood 5 Thu 6 PH 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 PH 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 PH 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 PH 28

LEGEND M/T: Monthly Total : Week day

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13 -3 3(1)

	Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Su Brown, Judy M	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			Adentifier - 2 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	V T
		Service: Congregate Meals	Fund Identifier: Title III-C1	
			Identifier: Tide III-CI	Subservice: (None)
	Brown, Rosemary P	Service: Congregate Meals	Fund	
			Fund Identifier: Program Income	Subservice: (None)
		Service: Congregate Meals		
		- Suprograte rices	Fund Identifier: Title III-C1	Subservice: (None)
7	Browning, Sarah J	Service: Congregate Meals		
		Congregate Means	Fund Identifier: Program Income	Subservice: (None)
		Servicer Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
7	Brunner, Ricky F			
	Druinler, Ricky F	Service: Congregate Meals	fund Identifier: Program Income	Subservices (None)
100000000000000000000000000000000000000				
1		Service: Congregate Meals	Fund Identifier. Title III-C1	Subservice: (None)
1				(riole)
	Brunner, Sonya F	Service: Congregate Meals	Fund Identifier Program Income	
			Locatories	Subservice: (None)
		Service: Congregate Meals	Fund Identifier: Title III-C1	
			Edentifier;	Subservice: (None)
	Byrum, Shirley F	Service: Congregate Meals	Fund Identifier: Program Income	
			Identifier: F109tatil Income	Subservice: (None)
		Service: Congregate Meals	Fund Identifier: Title III-C1	
			Identifier: Title III-C1	Subservice: (None)
	Callihan, Jeraldene L	Service: Congregate Meals		
			Fund Identifier: Program Income	Subservice: (None)
		Service: Congregate Meals		
E335 E		Congregate Meas	Fund Identifier: Title III-C1	Subservice: (None)
	Callihan, Stefani	Service: Congregate Meals		/ / /
	7-0-00	Congregate Meais	Fund Identifier: Program Income	Subservice: (None)
And the second				
AND DESCRIPTION OF THE PERSON NAMED IN		Servicer Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
	C			
	Cameron, Debora M	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
The same of the sa				
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)
				(Molle)

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28

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LEGEND M/T: Monthly Total : Week day

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	The second secon	16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 2	Service: Congregate Meals	Campbell, Sharon R
	Subservice: (None)	Identifier Program Income		
			Service: Congregate Meals	2010000
	Subservice: (None)	Fund Identifier: Title III-C1		
			Service: Congregate Meals	Capps, Brenda D
	Subservice: (None)	Fund Identifier: Program Income	Congregate Meals	
	Subservice: (None)	Fund Identifier: Title III-C1	Sendon Congregate Meals	
				Carrell, Wendy L
	Subservice: (None)	Fund Identifier: Program Income	Service: Congregate Meals	Carreil, Wendy L
	Subservice: (None)	Fund Identifier: Title III-C1	Services Congregate Meals	
	(None)			
		Fund Identifier: Program Income	Service: Congregate Meals	Caudill, Kim
_	Substruices (None)	Joentines State St		
2		Fund Identifier: Title III-C1	Service: Congregate Meals	
	Subservice: (None)	Identifier: Title III-C1		
			Service: Congregate Meals	Cauley, Cheryl P
-	Subservice: (None)	Frand Identifier: Program Income		
12	XXX		Service: Congregate Meals	
	Subservice: (None)	Fund Identifier: Title III-C1	Congregate Meals	
				Cheney, Glenn (William)
	Subservice: (None)	Fund Identifier: Program Income	Service: Congregate Meals	Control (William)
	Subservice: (None)	Fund Identifier: Title III-C1	Services Congregate Meals	
				Charge K- P
	Subservice: (None)	Fund Identifier: Program Income	Services Congregate Meals	Cheney, Kem D
	(tolle)			
	Subservice: (None)	Fund Identifier: Title III-C1	Service: Congregate Meals	
	(None)	Avenue,		
		Fund Identifier: Program Income	Service: Congregate Meals	Cherry, JoZell
	Subservice: (None)	Identifier 7 Ogram Arcone		
		Fund Identifier: Title III-C1	Service: Congregate Meals	
	Subservice: (None)	identifier: Title III-C1	Company of the second second	
			Services Congregate Meals	Christian, Lionell
	Subservice: (None)	Fund Identifier: Program Income		
50	XX		Service Consuma V. V.	
16	Subservice: (None)	Fund Identifier: Title III-C1	Service: Congregate Meals	
1				1 1 1 1 1
1 "	111	1 1 14	1 1 1 1 2(6)	1 1 1 (4)
200	1 2 2 (3)			Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mor 2025 11:08:48AM

Cloyd, Bill R	Service: Congregate Meals	n 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23	Subservice: (None)
		avelous:	
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
			(Noile)
Cloyd, Brenda	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		John Marie	
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		and the second s	(None)
Coggins, Heather M	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		AMERICAN	(none)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Shirenta (N
	The state of the s		Subservices (None)
Collins, Lisa	Service: Congregate Meals	Fund Identifier Program Income	
		identifier: " 9 sm anconte	Subservices (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	3
		Identifier; 100 20 CL	Subservices (None)
Conner Jr, Leonard (Burtis)	B Service: Congregate Meals	Fund Identifier: Program Income	
XXXXX		Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Pund Identifier Title III-C1	
		Identifier: IIIE III-CI	Subservices (None)
Conner, Christi D	Services Congregate Meals	Fund Identifier: Program Income	
		Identifier Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: 1100 MA CA	Subservice: (None)
Conner, Leonard	Service: Congregate Meals	Fund Identifier Program Income	
	XXXXX	Identifier Frogram Alicome	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	XXXXX 19
		Identifier: Title III-CI	Subservice: (None)
Conner, Trina L	Services Congregate Meals	Fund Identifier: Program Income	
		Identifier: Program Income	Subservice: (None)
No. of the last of	Service: Congregate Meals	Fund Title YEV Co	PI WXXXX
		Fund Identifier: Title III-C1	Subservice: (None)
Cook, Alva W	Service: Congregate Meals	Fund	
	MMI	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Pund	
		Fund Identifier; Title III-C1	Subservices (None)
3364400	2 4 5 11 360		
3364420	3 4 5 4 3 (9)	3 5 3 4(6)	3554 = (22)
		Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mo	2 2 2 1 2 0 7

Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun Cook, Ivy Jo	Service: Congregate Meals	Pund Identifier: Program Income	
		Identifier: 1139 Identifier	Subservices (None)
and the second s	Service: Congregate Meals	Fund Trial TT C1	
		Fund Identifier: Title III-C1	Subservice: (None)
Cottrell, Paul R	Service: Congregate Meals	Fund	
		Fund Identifier Program Income	Subservices (None)
	Services Congregate Meals	Fund	
		Fund Identifier: Title III-C1	Subservice: (None)
Crain, Don	Service: Congregate Meals	Similar Substitution of the Control	
XXXXX	NANN	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		NXXXX 19
	- Congregate reals	Plind Identifier: Title III-C1	Subservices (None)
Crain, Fannia L	Service: Congregate Meals		
XXXXX		Fund Identifier: Program Income	Subservice: (None)
	XXXXX	XXXX	PI KIKKK
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)
Cravy, Eddie E			
	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Cravy, Julie B			
	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Creamer, Darlene A			
Cicalici, Dalielle A	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	A STATE OF THE STA		
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Creed, Diane			
Creed, Dialle	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Crocky Conclus M			
Crosby, Carolyn M	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
2222			TITIO
22235(1+)	2 3 2 3 4 (4)	2 2 2 3(9)	2 2 2 (12)
		6 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Set 22 Sun 23 Mon	1233+10

Crosby, Thomas R	Service: Congregate Meals	n 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23	Subservice: (None)	
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
		AMERICAN TO THE PARTY OF THE PA	(None)	ſ.
Crouch, Michael A	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		scenarier,	(itone)	
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)	-
		10endher	(none)	
Cruse, Tommy	Service: Congregate Meals	Fund Identifier: Program Income		
		Identifier;	Subservice: (None)	
	Service: Congregate Meals	Fund Identifier: Title III-C1		
		adentifier: 1.00 and	Subservice: (None)	
Curbello, Beverly J	Service: Congregate Meals	Fund Identifier: Program Income		
		Identifier: "-9" and Allouise	Subservice: (None)	0
	Service: Congregate Meals	Fund Identifier: Title III-C1		3
		Identifier: "The Zan Cal	Subservice: (None)	
Davidson, Irma	Service: Congregate Meals	Fund Identifier Program Income		
		Identifier; Program Income	Subservice: (None)	
	Services Congregate Meals	Fund Identifier: Title III-C1		
		Identifier: Title III-C1	Subservice: (None)	
Davis, Bill D	Service: Congregate Meals	Fund Identifier Program Income		
		Identifier Program Income	Subservice: (None)	
	Service: Congregate Meals	Fund Identifier: Title III-C1		
		Fund Identifier: Title III-C1	Subservices (None)	
Davis, Charles R	Services Congregate Meals	Fund Identifier: Program Income		
		Identifiers Program Income	Subservices (None)	-
	Service: Congregate Meals	Fund Identifier: Title III-C1		5
		Identifier: IIUE III-CI	Subservice: (None)	
Dean, James	Service: Congregate Meals	Fond		
		Fund Identifier Program Income	Subservice: (None)	.1
	Service: Congregate Meals	Fund Title To Tall		4
		Fund Identifier: Title III-C1	Subservice: (None)	
Deason, Catherine	Service: Congregate Meals	Fond		
XXIII		Fund Identifier: Program Income	Subservices (None)	0/
	Service: Congregate Meals		X X	8/
		Fund Identifier: Title III-C1	Subservice: (None)	
1 2(4)				10
1 2(4)	11211(4)	1 2 2(5)	3 1 1(5	16
Maria Caral Division Control		Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mo		/ `

1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Pri 7 Sat 8 Su Dobbins, Debbie	Services Congregate Meals	Fund Program Income	Subservice: (None)
	Control Contro	- The state of the	(None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier -	Subservice: (None)
Dowden, R T	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: Togram Antonie	Subservices (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: THE III-CI	Subservice: (None)
Downing, Patsy	Service: Congregate Meals	Fund	
	MIIII	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Pund	X X 6
		Fund Identifier: Title III-C1	Subservice: (None)
Durant, Peggy	Service: Congregate Meals		
	and Garage Means	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
	Congregate Meals	Fund Identifier; Title III-C1	Subservice: (None)
Durham, Lloyd R			
Summer Libyu R	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Durham, Stacey D			
Duriam, Stacey D	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Earehart, Martha A	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			(tone)
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Accounts;	(nane)
Earehart, Richard A	Service: Congregate Meals	Fund Mentifier: Program Income	
	The last time to the last time time to the last time time time time time time time tim	Accendition:	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifiers 1111-222-52	Subservice: (None)
Eason, Nancy	Service: Congregate Meals	Fund Identifier Program Income	
		Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Title Year	Subservice: (None)
		Fund Identifier: Title III-C1	Subservice: (None)
2			
3		Maria Salaharan Maria (A.)	1 (3)

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28

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Rev.20250127

LEGEND M/T: Monthly Total : Week day : Week day : Week day

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28 Printed: 01/27/2025 11:08:48AM Rev.20250127 LEGEND M/T: Monthly Total : Week day : Weekend day

Gara	a, David A	Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun Service: Congregate Meals	Fund Program Income	Subservice: (None)	
				(None)	
		Service: Congregate Meals	Fund Identifier: Title III-C1		
			identifier; 3 475 52	Subservice: (None)	
<u>●</u> Gas _l	ard, Claire	Service: Congregate Meals	Fund Identifier: Program Income		
			Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals	Fund many many		
			Fund Identifier: Title IXI-C1	Subservice: (None)	
Gasp	ard, David	Services Congregate Meals			
		To gate Heat	Fund Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals			
		Congregate Meats	Fund Identifier: Title III-C1	Subservice: (None)	
Gell.	Larry T				
	19191	Service: Congregate Meals	Fland Identifier: Program Income	Subservices (None)	_
	NA NA NA	XXXXX	N N N N		19
		Service: Congregate Meals	Fund Identifier: Title III-C1	Substrvice: (None)	, ,
Gibb	, William (Larry) L				
GIDD:	, william (Larry) L	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
Gibso	- P1-10				
GIDSO	n, Daniel O	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
Glimr					
Glimp	, Barbara G	Services Congregate Meals	Fund Program Income	Subservice: (None)	
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
				(Note)	
Glimp	, Guy R	Service: Congregate Meals	Fund Identifiers Program Income	Sutiservice: (None)	
				(wone)	
		Service: Congregate Meals	Fund Identifier: Title III-C1		
			Agentinet	Subservice: (None)	4.57
Gonza	lez, Clarice M	Service: Congregate Meals	Fund Identifier: Program Income		
			agentiner:	Subservice: (None)	1 -
THE PARTY OF THE P		Service: Congregate Meals	Pund Identifier: Title III-C1		1,0
			Identifier: 1100 AM Cu	Subservice: (None)	11,
1 1	1 1 1(5)	11111			1
		Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16	1 7 1 (4)	1 1 1 1 (5)	\sim

Gonzalez, Urbano	t 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Su Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
The State of the S		The state of the s	(none)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
Grana Paula A		Identifiers 11th and 5th	Subservice: (None)
Grana, Paula A	Service: Congregate Meals	Fund	
		Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
		Fund Identifier: Title III-C1	Subservice: (None)
Greene, Shedric T	Service Company to Mark		
	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Consultation of the second			
Gregory, Rhonda D	Services Congregate Meals	Fund Identifier: Program Income	
		10enoner:	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: Title ALF-CI	Substrvice: (None)
Gremillion, Jim	Service: Congregate Meals	Fund	
		Pund Identifier: Program Income	Subservices (None)
	Services Congregate Meals		
	Congregate reas	Fund Identifier: Title III-C1	Subservice: (None)
Gulley, David A			
	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Hedded West was			(None)
Haddad, Mitchell D	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: 1.2	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: Title III-C1	Subservice: (None)
Haddad, Teri J	Services Congregate Meals		
		Fund Identifier: Program Income	Subservice (None)
	Service: Congregate Meals		
	Colligi Syate Fleats	Fund Adentifier: Title III-C1	Subservice: (None)
Hadnot, Arvesta			
Individual Control	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)
	MXXXX		
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		acentones:	(None)
116	111115		
1 1 2	Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Set 15 Sun 16	1 1 1 1 1	

	Services Cor	ngregate Meals	Fund Identifier: Title III-C1	Subservices (None)
Hill, Max	Service: Con	gregate Meals	Pund Identifier: Program Income	Subservice: (None)
	Service: Con	gregate Meals	Fund Identifier: Title III-C1	Suiteervice: (None)
Hillhouse, Shirl	By A Service: Con	gregate Meals	Fund Identifier Program Income	Subservice: (None)
	Services Con	gregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Hollingsworth,	Elton Service: Con	gregate Meals	Fund Identifier Program Income	Subservice: (None)
	Service: Con	gregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
2121	28 111	1 2(0)	1 1 2 1(5)	3 1 2 2 2

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28 Printed: 01/27/2025 11:08:48AM Rev.20250127 LEGEND M/T: Monthly Total : Week day : Weekend day

	Hollingsworth, Ruth	Service: Congregate Meals	16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 2	The second secon
			Pund Identifier: Program Income	Subservice: (None)
		Service: Congregate Meals		
		Congregate Heats	Fund Identifier: Title III-C1	Subservices (None)
	Hosea, Thomas W			
	HOSCEY HIGHIAS W	Service: Congregate Meals	Fund Identifiers Program Income	Subservices (None)
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
1				(None)
	Humphrey, Donna	Service: Congregate Meals	Fund Program Income	
			Islandition 1 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 -	Subservices (None)
		Services Congregate Meals	Fund Identifier: Title III-C1	
			Identifier: ITCE III-CI	Subservice: (None)
]	Hutto, Sybil	Service: Congregate Meals	Find	
	No.	NNN	Fund Identifier: Program Income	Subservice: (None)
		Service: Congregate Meals		XIXIT
		Congregate Means	fund Identifier: Title III-C1	Subservice: (None)
1	Jackson, Sharon			
	Julia of	Service: Congregate Meals	Fund Identifien Program Income	Subservices (None)
-			N 10 10 10 10 10 10 10 10 10 10 10 10 10	
		Service: Congregate Meals	Fund Identifies: Title III-C1	Subservice: (None)
			Marie San	(none)
Marian Inches	Jacobs, Bonita G	Service: Congregate Meals	Fund Identifier: Program Income	
			Joseph Parker	Subservice: (None)
		Service: Congregate Meals	Fund Identifier: Title III-C1	
			Identifier: 11ME AAC-A	Subservice: (None)
	Jacobson, William R	Service: Congregate Meals	Fund	
和斯斯			Fund Identifier: Program Income	Subservice: (None)
		Services Congregate Meals		
		Congregate Meas	Fund Title III-C1	Subservice: (None)
	James, Janie L	Sterior Con-		
		Service: Congregate Meals	Identifier: Program Income	Subservice: (None)
		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
			E 100 100 100 100 100 100 100 100 100 10	
Distriction or other	James, Robert L	Service: Congregate Meals	fund Identifier: Program Income	Subservice: (None)
			audituler:	(None)
3 71 11		Service: Congregate Meals	Fund Identifier: Title III-C1	
			Identifier: "I'de AT-CI	Subservice: (None)
	1 1 2	1 1 160		
		1 1 1(3)		1 1 2
Sat 1 Sun 2	Mon 3 Tue 4 Wed 5 Thu 6 Set 2 Set 9 Se	Veneral Present Inches	Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mo	

7			
3	(g) 1 c 1	316	61 (8) 15 E 1 P 1 P 1 P 1 P
			-
Subservice: (None)	Fund Identifier: Title III-C1	Service: Congregate Meals	
The state of the s		X	
Subservice: (Mone)	Fund Program Income	Services Congregate Meals	Kenner, Cena D
(wone)	augusta and a second		
	Fund Title III-C1	Service: Congregate Meals	
Subservice: (None)	Identifier: Program Income		
		Services Congregate Meals	Kanaday, Theresa (Terry)
Subservice: (None)	Identifier Title III-C1	congregate means	
Subservice: (None)	Identifier: Program Income	Congregate Meals	Community and and a
Subservice: (None)	Identifier Title III-C1	Congregate Meals	
Subservice: (None)	Identifier: Program Income	Congregate Meals	on carry one (carolyii)
			Jordan Sile (Cambra)
Subservice: (None)	Identifier: Title III-C1	congregate Meals	
Subservice: (None)	Sent Program Income	Congregate Meals	
Subservice: (None)	Fund Identifier: Title III-C1	Congregate Meals	
Subservice: (None)	Identifier Program Income	Congregate meats	
		Sandra Consumer to the Consume	Jordan, Jeanette
Subservice: (None)	Identifier, Title III-C1	Configuration of the Configura	
Subservice: (None)	Identifier Program Income	The second secon	
	L		Jones, Woodrow
66	Identifier, Title III-C1	Congregate Meals	
X	X	X	
Subservices (None)	Identifier Program Income	Services Congregate Meals	Jones, Michelle B
Subservice: (Non	Fund Identifier Tibe III-C1	Service: Congregate Meals	
X	X	XXXXX	
Subservice: (None)	Identifier, Frogram Lincome		XXXXX

Kindle, Margie A King, Robert A Kirkpatrick, Ramona L	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Pland Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Program Income Fund Identifier: Program Income Fund Identifier: Program Income	Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None)	6
Kindle, Margie A King, Robert A	Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None)	6
Kindle, Margie A King, Robert A	Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None)	6
Kindle, Margie A King, Robert A	Service: Congregate Meals	Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Title III-C1 Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None)	6
Kindle, Margie A King, Robert A	Service: Congregate Meals	Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Title III-C1 Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None) Subservice: (None)	6
King, Robert A	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None)	6
King, Robert A	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None)	6
King, Robert A	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None)	6
King, Robert A	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None)	6
King, Robert A	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None)	6
	Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Title III-C1 Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None) Subservice: (None)	9
	Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Program Income Fund Identifier: Title III-C1	Subservice: (None) Subservice: (None)	
	Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)	
Kirkpatrick, Ramona L	Service: Congregate Meals Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)	
Kirkpatrick, Ramona L	Service: Congregate Meals			
Kirkpatrick, Ramona L	Service: Congregate Meals			
Kirkpatrick, Ramona L		Fund Identifier: Program Income	Subservice: (None)	
Tampacito, Railona L		Fund Identifier: Program Income	Subservice: (None)	
	Service: Congregate Meals	Pund Identifier: Title III-C1	Subservice: (None)	
	The state of the s		(mone)	
Kirkwood, Daniel	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		.outlaner:	(redite)	
THE COLUMN SERVICE SER	Service: Congregate Meals	Fund Identifier: Title III-C1		
		Identifier (************************************	Subservice: (None)	
Kirkwood, Ricky	Service: Congregate Meals	Fund Identifier: Program Income		
		Identifier: Program Income	Subservice: (None)	
	Service: Congregate Meals			
	Congregate meats	Fund Identifier: Title III-C1	Subservice: (None)	
Koehl, James E				
ixemi, James E	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
	4 4 4 4 4 4			
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
Kornegay, Dennis D	Service: Congregate Meals	Fund Identifier: Program Income	Service Div.	-
		ioenune:	Subservice: (None)	1
	Service: Congregate Meals	Fund The Property of the Prope		1 2
		Fund Identifier: Title III-C1	Subservice: (None)	1
	113	10		1

S Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28 Printed: 01/27/2025 11:08:48AM

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LEGEND M/T: Monthly Total : Week day : Weekend day

Lade, John M	Service: Congregate Meals	Identifier Program Income	Subservice: (None)
XXXX	XXXX	The second second	IXIXXXII 15
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
	The second secon	Salution .	Cable
Lanyon, Dale R	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
XXXXX	XXXXX	Joenstreet	10
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier; 1115 SA	Subservice: (None)
Leathem, Nelda J	Service: Congregate Meals	Fund Identifier: Program Income	
XXX	MXXI	Identifier 110gram Income	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: Title III-C1	Subservice: (None)
Leathem, William R	Service: Congregate Meals	Pund	
XXX	MMM	Pund Identifier Program Income	Subservice: (None)
	Service: Congregate Meals		
		Fund Identifier Title III-C1	Subservice: (None)
Lendy, Sandy	Service: Congregate Meals		
//	Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Lewis, Anthony			
Lewis, Andiony	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Laure Park			
Lewis, Barbara J	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Lloyd, Lolita M	Service: Congregate Meals	Fund Program Income	Subservice: (None)
	Services Congregate Meals	Fund Identifier, Title III-C1	Subservices (None)
		Operation of the last of the l	(tone)
MacTavish, Joann L	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		Identifier;	(none)
	Service: Congregate Meals	Pund Identifier: Title III-C1	
		Identifier: Title III-CI	Subservice: (None)
4 2 4 2 4 (16)	421226		(3)
1 2 1 (14)	42 4 2 3 (15)	2 4 1 3(10)	42421(12)

Manus, Richard K	Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 S Service: Congregate Meals	Fund Identifiers Program Income	Subservices (None)
	NAXXX I		
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)
		1dentifier:	(None)
Marshall, Michael D	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier; Frogram Income	Subservice: (None)
	Service: Congregate Meals	Parel Training	
		Fund Identifier: Title III-C1	Subservice: (None)
Maxwell, Bertha M	Service: Congregate Meals		
	Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
McAlister, Alton R			
MCAlister, Alton R	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
McAlister, David M	Service: Congregate Meals	Fund Program Income	Subservice: (None)
XXXXX	XXXX		1/
Tilger -	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Apendier	(None)
McAlister, Eunice	Service: Congregate Meals	Fund Identifier Program Income	
		Identifier 9 - Identifier	Subservices (None)
	Services Congregate Meals	Fund Identifier Title III-C1	
		Identifier: Unit 212 C.	Subservice: (None)
McCauley, Marlin M	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Find -	
	any and regard ricals	Fund Identifier: Title III-C1	Subservice: (None)
McClendon, James	Service: Congregate Meals		
and the sames	Congregate means	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
McConnell M			
McConnell, Marc	Survices Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fursd Identifier: Title III-C1	Subservice: (None)
			(tions)
2 1 2 2 2 (9) 22221(9)	22219	12218

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McDowell,	Forrest	Service: Congr	egate Meals	Fund Identifie	Program Income	Subservice: (Non-
		20 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	China and a section and			
		Service: Congre	egate Meals	Fund Identifie	Title III-C1	Subservice: (None
				Adeidite		(MOIN
McFall, Sh	erry L	Services Congre	gate Meals	Fund Identifie		
				Identifie	Program Income	Subservice: (None
		Service: Congre	wate Meals	700		
	Science In		gate meals	Fund Identifie	Title III-C1	Subservice: (None
McGlone, C	Cathy	5-4-5				
Tredione,	auly	Service: Congre	gate Meals	Fund Identifier	Program Income	Subservice: (None
		gring 2 200				
		Service: Congre	gate Meals	Fund Identifier	Title III-C1	Subservice: (None
McGlone, J	ohnny	Service: Congre	gate Meals	Fund Identifier	Program Income	Subservice: (None
				Agendiner		(None
		Service: Congre	gate Meals	Fund	Title III-C1	
				Identifier	ilde III-CI	Subservice: (None
McKee, Jud	lv	Service: Congre	gate Meals	Freed		
	Dissertor entr		Juce Freats	Fund Identifier	Program Income	Subservice: (None
		5000				
		Service: Congre	jate Meals	Fund Identifier	Title III-C1	Subservice: (None)
McKenzie,	No.					
MCKETIZIE,	ram	Service: Congres	jate Meals	Fund Identifier:	Program Income	Subservice: (None)
	in the second	Service: Congres	jate Meals	Fund	Title III-C1	Subservice: (None)
						(None)
McNeal, Ro	bbie M	Service: Congreç	jate Meals	Fund Identifier:	Program Income	
				Identifier;	gram zncome	Subservice: (None)
		Service: Congreg	ate Meals	Fund		
	Million Co.			Zdentifier:	Title III-C1	Subservice: (None)
McSwain, S	hyral D					
The stall, 5	ilyici D	Service: Congreg	ate Meals	Fund Identifier:	Program Income	Subservice: (None)
						TITI
		Service: Congreg	ate Meals	Fund Identifier:	Title III-C1	Subservice: (None)
Metcalf, Cra	ig D	Service: Congreg	ate Meals	Fund Identifier:	Program Income	Subservice: (None)
				Identifiers		(None)
		Service: Congreg	ate Meals	Fund	Title III-C1	
_H0		The second secon	The state of the s	Television.	Title III-C1	Subservice: (None)

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28 Printed: 01/27/2025 11:08:48AM

Metcalf, Mary L	Service: Congregate Meals	16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Fund Jennther: Program Income	The same of the sa
		Identifier Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: I'lde III-CI	Subservice: (None)
Miller, Jr, J. C	Service: Congregate Meals	Punid	
		Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
	Congregate Meats	Fund Identifier: Title III-C1	Subservice: (None)
Miller, Phyllis A			
	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Mills, Gail	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
and the second s		Identifier	(Noile)
Mills, Kim W	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: 110gram Income	Subservice: (None)
	Service: Congregate Meals	fund Co.	
		Fund Identifier: Title III-C1	Subservice: (None)
Mitchell, Curtis L	Service: Congregate Meals		
	T T T T T T	Fund Identifier Program Income	Subservice: (None)
	Service: Congregate Meals		
	Colligregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Mitchell, Richard			
Pilociell, Richard	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			1 2 2 3 3 3 3 3 3 3 3 3 3
	Service Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Mitchell, Sammy L	Service: Congregate Meals	Fund Program Income	Subservice: (None)
			× 5
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Loeitarier;	(Holle)
Mitchon, Martha	Services Congregate Meals	Fund Identifier: Program Income	
		Identifier Program Income	Subservice: (None)
	Service: Congregate Meals	Pund Till Till	
	The second secon	Fund Identifier: Title III-C1	Subservice: (None)
1 326			
32 (6)	1 1 36	1 1 1(3)	112 (4)

Modisette, Darleen D	Service: Congregate Meals	n 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 2	THE RESERVE THE PERSON NAMED IN COLUMN 2 I
		Pund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund —	
		Fund Identifier: Title III-C1	Subservice: (None)
Modisette, Tom T	Service: Congregate Meals		
		Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
	Congregate veals	Fund Ideotriner: Title III-C1	Subservices (None)
Morrell, Herbert R	Service: Congregate Meals		
NAN XXX		Fund Identifier: Program Income	Subservices (None)
		XXXX	BI WXXXX
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)
Morrell, Margie L			
Horren, Hargie L	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			2
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Moour Burdle W			
Mosur, Byrdie M	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Manual Polymer			
Mosur, Robert J	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Man Nimeta B			
Mott, Jimmie D	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Mott, Judy A	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	XXX		NXXXIII
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Mundo, George	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		30 450 Pote Mile 2019	
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
111126	232119	12216	0 0 0 0 10
		(4)	22221(9)

Murders, Patricia A	Service: Congregate Meals	16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mo	Subservice: (None)
		Joseph Company	The state of the s
	Service: Congregate Meals	Fund Title III-C1	Subservice: (None)
		(dentifier)	(None)
Myers, Peggy	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: Togram Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: TIME 114-04	Subservice: (None)
Nalley, Glenda	Services Congregate Meals	Fund Identifier: Program Income	
		Identifier: Program Income	Subservice: (None)
	Services Congregate Meals	Fund Title Title	
		Fund Identifier: Title III-C1	Subservice: (None)
Nalley, Russ	Service: Congregate Meals	The state of the s	
	Congregate Ficals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
	Congregate reals	Fund Identifier: Title III-C1	Subservice: (None)
Nelson, Donna G	Service: Congregate Meals		
- Source Comments	Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service Communication		
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Newquest, Susan D	Service Community of the Community of th		
incirquest, susail D	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Numert Diagram			
Nugent, Diana A	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
No.			
Nugent, Joyce L	Service: Congregate Meals	Fund Identifiers Program Income	Subservice: (None)
No.	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Nunez Jr, Gilbert W	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
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Service: Congregate Meals O'Banion, Rose A Service: Congregate Meals Paskey, Robert W Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Paskey, Winford D Service: Congregate Meals Service: Congregate Meals Paskey, Winford D Service: Congregate Meals Service: Congregate Meals Paskey, Winford D Service: Congregate Meals	Program Income Subservice: (None) Title III-C1 Subservice: (None) Fig. Title III-C1 Subservice: (None) Subservice: (None) Fig. Title III-C1 Subservice: (None) Fig. Title III-C1 Subservice: (None) Subservice: (None) Title III-C1 Subservice: (None) Subservice: (None) Title III-C1 Subservice: (None)
O'Banion, Rose A Service: Congregate Meals Service: Congregate Meals Odom, Pamela J Service: Congregate Meals Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Paskey, Robert W Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Paskey, Robert W Service: Congregate Meals Paskey, Winford D Service: Congregate Meals	Program Income Subservice: (None) Fig. Title III-C1 Subservice: (None) Subservice: (None) Fig. Program Income Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Subservice: (None)
O'Banion, Rose A Service: Congregate Meals Service: Congregate Meals Odom, Pamela J Service: Congregate Meals Paskey, Robert W Service: Congregate Meals Service: Congregate Meals Paskey, Winford D Service: Congregate Meals	Program Income Subservice: (None) Fig. Title III-C1 Subservice: (None) Subservice: (None) Fig. Program Income Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Subservice: (None)
Service: Congregate Meals Full Service: Congregate Meals	Program Income Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Service: Congregate Meals Full Service: Congregate Meals	Program Income Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Odom, Pamela J Service: Congregate Meals Publisher Congregate Meals Service: Congregate Meals Se	Program Income Subservice: (None) Subservice: (None) Frogram Income Subservice: (None) Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None)
Odom, Pamela J Service: Congregate Meals Service: Congregate Meals Pu Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Pu Service: Congregate Meals Service: Congregate Meals Pu Service: Congregate Meals	Program Income Subservice: (None) Frogram Income Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None)
Service: Congregate Meals Overman, Robert W Service: Congregate Meals Service: Congregate Meals Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Put Ide Service: Congregate Meals Fut Ide Service: Congregate Meals	Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Service: Congregate Meals Overman, Robert W Service: Congregate Meals Service: Congregate Meals Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Put Ide Service: Congregate Meals Fut Ide Service: Congregate Meals	Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Overman, Robert W Service: Congregate Meals Service: Congregate Meals Put 1de Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Put 1de Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Fut 1de Paskey, Robert W Service: Congregate Meals Fut 1de Paskey, Winford D Service: Congregate Meals Fut 1de Service: Congregate Meals	Program Income Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Overman, Robert W Service: Congregate Meals Service: Congregate Meals Put 1de Service: Congregate Meals Service: Congregate Meals Put 1de Service: Congregate Meals Put 1de Service: Congregate Meals Service: Congregate Meals Fut 1de Paskey, Robert W Service: Congregate Meals Fut 1de Service: Congregate Meals Fut 1de Service: Congregate Meals Fut 1de Paskey, Winford D Service: Congregate Meals Fut 1de Service: Congregate Meals	Program Income Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Service: Congregate Meals Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Put Tide Service: Congregate Meals Put Tide Paskey, Robert W Service: Congregate Meals Fut Tide Service: Congregate Meals Fut Tide Service: Congregate Meals Fut Tide Paskey, Winford D Service: Congregate Meals Fut Tide Service: Congregate Meals	Program Income Subservice: (None) Title III-C1 Subservice: (None) Program Income Subservice: (None)
Service: Congregate Meals Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Owens, Patrick Service: Congregate Meals Service: Congregate Meals Pur John Meals Paskey, Robert W Service: Congregate Meals Fun John Meals Service: Congregate Meals Fun John Meals Paskey, Winford D Service: Congregate Meals Fun John Meals Service: Congregate Meals Fun John Meals Service: Congregate Meals Fun John Meals Fun John Meals Fun John Meals Service: Congregate Meals Fun John Meals Service: Congregate Meals Fun John Meals Service: Congregate Meals	Title III-C3 Subservice: (None) Program Income Subservice: (None)
Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Owens, Patrick Service: Congregate Meals Service: Congregate Meals Pur Tide Service: Congregate Meals Pur Tide Service: Congregate Meals Pur Tide Paskey, Robert W Service: Congregate Meals Fun Tide Service: Congregate Meals	Title III-C3 Subservice: (None) Program Income Subservice: (None)
Overstreet, Gerald Service: Congregate Meals Put Ide Owens, Patrick Service: Congregate Meals Service: Congregate Meals Paskey, Robert W Service: Congregate Meals Fut Ide Paskey, Winford D Service: Congregate Meals Fut Ide Paskey, Winford D Service: Congregate Meals Fut Ide Service: Congregate Meals Fut Ide Service: Congregate Meals Fut Ide Service: Congregate Meals	Program Income Subservice: (None)
Overstreet, Gerald Service: Congregate Meals Service: Congregate Meals Owens, Patrick Service: Congregate Meals Service: Congregate Meals Pur Ide Paskey, Robert W Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals	Program Income Subservice: (None)
Owens, Patrick Service: Congregate Meals Service: Congregate Meals Particle Service: Congregate Meals Particle Paskey, Robert W Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Service: Congregate Meals	
Owens, Patrick Services Congregate Meals Pur Ide Services Congregate Meals Pur Ide Paskey, Robert W Services Congregate Meals Pur Ide Services Congregate Meals Ide Servi	
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Paskey, Robert W Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals	
Paskey, Robert W Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals	
Paskey, Robert W Service: Congregate Meals Fun Service: Congregate Meals Fun Ide Paskey, Winford D Service: Congregate Meals Fun Ide Service: Congregate Meals Ide Paskey Fun	Program Income Subservice: (None)
Paskey, Robert W Service: Congregate Meals Fun Service: Congregate Meals Paskey, Winford D Service: Congregate Meals Fun Service: Congregate Meals Fun Identity Service: Congregate Meals Fun Identity Service: Congregate Meals	
Paskey, Winford D Service: Congregate Meals Fun Idea	Title III-C1 Subservice: (None)
Paskey, Winford D Service: Congregate Meals Fun Idea Service: Con	
Paskey, Winford D Service: Congregate Meals Fun Idea Service: Congregate Meals Fun Idea Service: Congregate Meals Fun Idea Service: Congregate Meals Idea	Program Income Subservice: (None)
Paskey, Winford D Service: Congregate Meals Fun Idea Service: Congregate Meals Fun Idea Service: Congregate Meals Idea	6
Service: Congregate Meals Furnites	Title III-C1 Subservice: (None)
Servicer Congregate Meals Furnites	
Service: Congregate Meals Purities	Program Income Subservice: (None)
D. Well C. L.	
	Title III-C1 Subservices (None)
Patrick, Carolyn L Services Congregate Meals Fund	
	Program Income Subservice: (None)
	3
	Title III-C1 Subservice: (None)
1,000	Title III-C1 Subservice: (None)
21324) 3425200 3	
21323 3425200 3	21(3) 12111(6)

Patrick, Ricky W	Service: Congregate Meals	n 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Fund Identifiers Program Income	Subservices (None)
XXXX		LOSICUTES	
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)
		Identifier: 100 222	Subservices (None)
Payne, Betty L	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: 110e III-CI	Subservice: (None)
Pekar, Jerome W	Services Congregate Meals	Pund	
		Fund Identifier: Program Income	Subservice: (None)
	Services Congregate Meals		
		Fund Identifier: Title III-C1	Subservice: (None)
Pelly, Audrey M	Servicer Congregate Meals		
	Grand Hours	Fund 3dentifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
= 1.13	congregate Means	Fund Identifier: Title III-C1	Subservice: (None)
Pelly, Leonard	5-12-5		
- Ciny, Econard	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Peninger, Mary			
reiniger, mary	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
S-1			
Peninger, Wayne	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)
	Service: Congregate Meals	Pund Identifier: Title III-C1	Subservica: (None)
Peppenhorst, Mary H	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			(tolie)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		soenciner)	(None)
Perez, Robert	Service: Congregate Meals	Fund Identifier Program Income	
10 m		Identifier: Frogram Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
	Miles - Section Section	Identifier: INCELLE-CI	Subservice: (None)
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	Periman,	Lyman N	Service	Congregate Meals		Program Income	Mon 24 Tue 25 Wed 26 Thu 27 Fri
			also or the same	and the state of t			I I I I
			Services	Congregate Meals	Fund	Title III-C1	Subservice: (None)
					Idenurier:		(None)
	Perkins,	Linda J	Services	Congregate Meals	Fund Identifier:	Program Income	
			ST TT		Identifier	Program Ancome	Subservices (None)
	1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		Services	Congregate Meals	Fund	THE PERSON NAMED IN COLUMN 1	
					Identifiers	Title III-C1	Subservice: (None)
	Poncho, I	Mary A	Services	Congregate Meals	Pund		
		I Insulation			Fund Identifier:	Program Income	Subservice: (None)
			Services	Congregate Meals			
		TTTT		Congregate Meals	Identifier	Title III-C1	Subservice: (None)
	ope, Da	uld D				The State of the S	
4	ope, Da	VIU K	Service	Congregate Meals	Fund Identifier:	Program Income	Subservice: (None)
				- Contract			
			Service:	Congregate Meals	Fund Identifier:	Title III-C1	Subservice: (None)
1	ope, Sha	aron	Services	Congregate Meals	Fund Identifier:	Program Income	Subservice: (None)
			Service:	Congregate Meals	Fund	Title III-C1	Subsenice: (None)
			Maria Taranta		zoenurier:		(Mone)
P	orter, Sa	andra K	Services	Congregate Meals	Fund Identifiers	Program Income	Subservice: (None)
					Identifiers	- Togram ancome	(None)
			Services (Congregate Meals	Fund Identifier:	Title III-C1	
					Edentifier:	line III-CI	Subservice: (None)
P	ousson,	Carolyn S	Service:	Congregate Meals	Fund		
					Fund Identifier:	Program Income	Subservice: (None)
			Services (Congregate Meals			
			,	wilgregate meals	Identifier:	Title III-C1	Subservice: (None)
D	ousson,	Charles					
	ousson,	Charles	Service: (Congregate Meals	Fund Identifier:	Program Income	Subservice: (None)
			Service: (Congregate Meals	Fund Identifier:	Title III-C1	Subservice: (None)
							TITI
P	owell, Ev	erett E	Service: (Congregate Meals	Fund Identifier:	Program Income	Subservice: (None)
							- 1 1 1 1
			Service: C	ongregate Meals	Fund	Title III-C1	Subvenilee (M)
The state of the s					Identifier:		Subservice: (None)

2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28

-			n 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23	Mon 24 Tue 25 Wed 26 Thu 27 Fri 28
AND DESCRIPTION OF THE PERSON NAMED IN	Powell, Lonnie	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)
			and the same of th	
		Service: Congregate Meals	Fund Identifier Title III-C1	Subservice: (None)
	Powell, Marvin K	Servicer Congregate Meals	Fund Identifier: Program Income	Subservices (None)
			Joenner	(None)
		Services Congregate Meals	Fund Identifier: Title III-C1	500000 700
			Identifier: 1100 Ala Ca	Subservices (None)
	Powell, Rose G	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
				The state of the s
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
	Powell, Rosemary	Service: Congregate Meals	Fund Program Income	Subservices (None)
	No.			
-		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
				Total Control
	Price, Paul	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
				(Hole)
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
	Rabuck, Paul W	Service: Congregate Meals	Fund Program Income	Subservice: (None)
	XXXX	XXXX		19
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
			and the second s	
	Rabuck, Robert H	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	Joendrier.	(none)
		Service: Congregate Meals	Fund lidestifier: Title III-C1	Subservice: (None)
			Mesones	(Mone)
-11.50	Rabuck, Shirley R	Service: Congregate Meals	Fund Identifier: Program Income	
		XIXIXI	Identifier, 11-91-011-011-011-011-011-011-011-011-01	Subservice: (None)
		Services Congregate Meals	Fund	9
			Fund Identifier: Title III-C1	Subservice: (None)
	Raimer, Kenneth E	Service: Congregate Meals		
		Congregate means	Fund Identifier: Program Income	Subservice: (None)
				4/
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
	2 0 2 26			
	2 222(9)	3 33200	1(1)	2 (2) 1

Service Congregate Neals Service Congregate	Read, Mary L	Service: Congregate Meals	Identifier: Program Income	Subservice: (None)	
Reed, Jimmy Service Congregate Meals Find Fin			The second section of the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section in the second section is a second section of the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a second section in the second section in the second section is a section in the section in the section is a section in the section in the section in the section is a section in the section in the section in the section is a section in the section in the section in the section is a section in the section in the section in the section is a section in the section in the section in the section is a section in the section in the section in the section is a section in the secti	1 1 -1 -1 -1	13
Reed, Jimmy Sorvice Congregate Heals Find Fin		Service: Congregate Meals	Fund Title III-C1	Subservice: (None)	
Service: Congregate Meals Service: Congregate M					ľ
Reyes, Teresa D Service Congregate Neals Pad Program Income Subservice (None) Service Congregate Neals Program Income Subservice (None) Reyna, Anthony K Service Congregate Neals Program Income Subservice (None) Service Congregate Neals Program Income Subservice (None) Reyna, Anthony K Service Congregate Neals Program Income Subservice (None) Service Congregate Neals Program Income Subservice (None) Reynolds, Albert Service Congregate Neals Program Income Subservice (None)	Reed, Jimmy	Services Congregate Meals	Fund Program Income	Subservice: (None)	b
Reyes, Teresa D Service Congregate Neals S			AMERICAN TO THE PARTY OF THE PA	T T T T	F 4
Reyna, Anthony K Service: Congregate Meals S		Service: Congregate Meals	Fund Title III-C1	Subservice: (Mone)	1
Service: Congregate Meals Service: Congregate Meals Program Income Subservice: (None) Reyna, Anthony K Service: Congregate Meals Service: Congregate M			ADMINIST.	(none)	r
Reyna, Anthony K Savies: Congregate Meals	Reyes, Teresa D	Service: Congregate Meals	Fund Program Income	Subsection (March	
Reyna, Anthony K Service: Congregate Meals Ser			Identifier: 19 and and	(ridne)	en
Reyna, Anthony K Service: Congregate Heals Ser		Services Congregate Meals	Fund Title TTT-C1	Shorten Was L	
Service: Congregate Meals Reynolds, Albert Service: Congregate Meals Ser			Identifier: 110 a.a. 5.a.	(None)	
Service: Congregate Meals Program Income Subservice: (None) Reynolds, Albert Service: Congregate Meals Service: Congregate M	Reyna, Anthony K	Service: Congregate Meals	Fund Day		
Reynolds, Albert Service: Congregate Heals Service: Congregate Heals Reynolds, Barbara N Service: Congregate Heals Service: Congregate Heals Find Josephary Title III-C1 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C3 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C3 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C3 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C3 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C3 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C3 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C1 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C1 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C1 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C1 Subservice: (None) Service: Congregate Heals Find Josephary Title III-C1 Subservice: (None)			Identifier: Frogram Lincome	Subservice (None)	
Reynolds, Albert Survice Congregate Heals Fund Josephar Title III-C1 Subservice (None) Reynolds, Barbara N Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Rice, Peggy D Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None) Service Congregate Heals Fund Josephar Title III-C1 Subservice (None)		Service: Congregate Meals	Fund Title VIV. Co.		
Service: Congregate Meals Reynolds, Barbara N Service: Congregate Meals Service: Congregate Meals Fund Service: Congregate			Identifier: IIIIe III-C1	Subservice: (None)	
Service: Congregate Meals Reynolds, Barbara N Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Service: Congregate Meals Fund Service: Congregate Meals Service: Congregate Meals Fund Service: Congregate Meals Fund Service: Congregate Meals Service: Congregate	Revnolds, Albert	Service: Congregate Meals			
Reynolds, Barbara N Service: Congregate Meals Find Find III-C1 Subservice: (None) Service: Congregate Meals Find Find III-C1 Subservice: (None) Find Find III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None)			Identifier: Program Income	Subservice: (None)	
Reynolds, Barbara N Service: Congregate Meals Find Find III-C1 Subservice: (None) Service: Congregate Meals Find Find III-C1 Subservice: (None) Find Find III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None) Service: Congregate Meals Find Joedfiller: Title III-C1 Subservice: (None)		Service: Congress to Monte			
Service: Congregate Meals Fund Service: Program Income Subservice: (None) Reynolds, Pat A Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Program Income Subservice: (None) Rice, Peggy D Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None) Service: Congregate Meals Fund Service: Congregate Meals Fund Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None) Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None)		Congregate vicas	Identifier: Title III-C1	Subservices (None)	
Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None) Service: Congregate Meals Fund Service: Program Income Subservice: (None) Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None) Service: Congregate Meals Fund Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None) Service: Congregate Meals Fund Service: Congregate Meals Fund Service: (None) Service: Congregate Meals Fund Service: Title III-C1 Subservice: (None)	Reynolds Barbara N				
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Richoux, Carol M Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) Service: Congregate Meals Fund Identifier: Title III-C1 Subservice: (None)			Design Control		
Richoux, Carol M Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) Service: Congregate Meals Fund Identifier: Title III-C1 Subservice: (None)		Service: Congregate Meals	Fund Title III-C1	Subservice: (None)	
Service: Congregate Meals Fund Title III-C1 Subservice: (None)					
Services Congregate Meals Fund Title III-C1 Subservices (None)	Richoux, Carol M	Sarvices Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
Service: Congregate Meals Fund Identifier: Title III-C1 Subservice: (None)	XXX				5 /
1 1 2 3 1 (1)		Service: Congregate Meals		Subservice: (None)	- 1
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Ross, Johnna	Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Su		Mon 24 Tue 25 Wed 26 Thu 27 Fri 28
itoss, Johnna	Service: Congregate Meals	Identifier: Program Income	Subservice: (None)
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	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Royer, Suellen	Service: Congregate Meals	Tund Identifier: Program Income	Subservice: (None)
XXX			XXX X (4
	Service: Congregate Meals	Fund Literifier Title III-C1	Subservice: (None)
		Loestriers	(None)
Russell, Brenda K	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: Program Income	Subservice: (None)
	Services Congregate Meals	Fund	
		Fund Identifier: Title III-C1	Subservice: (None)
Russell, Kenny	Services Congregate Meals		
N N N N N N N N N N N N N N N N N N N	Surgicipate ricals	fund Identifier: Program Income	Subservice: (None)
			DAXXXIII
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Russell, Susan Y			
Russell, Susall 1	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	XXX		X X 12
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)
		STATE SEASON SERVICES IN CO.	
Russell, Timmy K	Services Congregate Meals	Fund Identifier Program Income	Subservices (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
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Ryan Ellis, Kimberly R	Service: Congregate Meals	Pund Identifier: Program Income	Subservice: (None)
		ANGINETE:	(redie)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
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Ryan, Brenda W	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier: 1991am Ancome	Subservice: (None)
	Service: Congregate Meals	Fund Tiste 777 Co	
		Fund Identifier: Title III-C1	Subservice: (None)
Ryan, Michael R	Service: Congregate Meals	Fund	
		Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals		
	Congregate Meats	Fund Identifier: Title III-C1	Subservice: (None)
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В	Ryan, Patricia	Service: Congregate Meals	Fund Identifier: Program Income	THE RESERVE OF THE PERSON OF T	
			Identifier: "Toyrail Income	Subservice: (None)	
		Service: Congregate Meals	Fund Identifier: Title III-C1		1
			Identifiers THE III-CI	Subservice: (None)	
]	Ryan, Steven C	Services Congregate Meals	Fund Identifier: Program Income		
			Identifier: Frogram Income	Subservices (None)	
		Service: Congregate Meals	Fund Identifier: Title IXI-C1		
			Identifier: Title III-CI	Subservices (None)	
]	Ryon, Fay	Service: Congregate Meals	Fund Identifier: Program Income		
			Identifier: Program Income	Subservice: (None)	
1 1 1 - 2 1 1 1		Service: Congregate Meals	Panel Say		
			Fund Identifier: Title III-C1	Subservice: (None)	
1	Sanchez, Luis S	Service: Congregate Meals			
		and come receip	Fund Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals			
			Fund Identifier: Title III-C1	Subservice: (None)	
	Sandlin, Erwin	Service: Congregate Meals			
		Congregate Pleas	Fund Identifier: Program Income	Subservice: (None)	
		Service: Congregate Meals			
		congregate rieals	Fund Identifier: Title III-C1	Subservice: (None)	
	Sapp, Mary	Service: Congregate Meals			
		congregate means	Fund Identifier: Program Income	Subservice: (None)	
A STATE OF THE PARTY OF THE PAR		Section 6	The state of the s		
		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Schreiber, Donald A				
	Jemeiber, Bollaiu A	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)	
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Schroeter, Guy W				
Market Allegary	Scinoeter, Guy W	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
				DITT 7	
		Service: Congregate Meals	Fund Identifier Title III-C1	Subservice: (None)	
	Cawara				
	Settlocker, John E	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
CHARLES RECORDS				X 1 1 3	
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	(1)
			Marie Marie Marie 1999 Marie		110
TIS BEIN	2 2 20	1 1 1 3		2 1 (2)	1
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2 Mon 3 Tue 4 Wod 5 Thu 6 Fri 7 Sat 8 Sun 9 M Seymour, Annie (LaMerie)	Service: Congregate Meals	Fund Program Income	Subservice: (None)	
		Identifier 1159 SIN ANOTHE	(Mone)	
	Service: Congregate Meals	Fund Identifier: Title III-C1		
		Identifier: Title III-CI	Subservice: (None)	
Shaw, Jerry R	Services Congregate Meals	Fund Identifier: Program Income		
		Identifier: Program Income	Subservice: (None)	
	Service: Congregate Meals	Pand was an as		
		Fund Identifier: Title III-C1	Subservice: (None)	
Shaw, Richard B	Service: Congregate Meals			
	XXXXX	Fund Identifier: Program Income	Subservice: (None)	
	Service: Congregate Meals		XXXXX	14
	Congregate Means	Pand Identifier: Title III-C1	Subservices (None)	
Shaw, Sue (Beverly) S				
Silaw, Sue (beverly) S	Service: Congregate Meals	Fund Identifier: Program Income	Subservices (None)	
			XXX	5
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	-
Shhuarf Hale (S. 1) 5				
Shbreaf, Helen (Suzie) S	Service: Congregate Meals	fund Identifier: Program Income	Subservice: (None)	
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
Sheffield, Kathryn A	Service: Congregate Meals	Pund Identifier: Program Income	Subservice: (None)	
				1
	Service: Congregate Meals	Fund Identifier Title III-C1	Subservice: (None)	
Siebe, Myron E	Services Congregate Meals	Fund Program Income	Subservice: (None)	
	Services Congregate Meals	Fund Lidentifier: Title III-C1	Subservice: (None)	
		Parameter:		n die
Sims, Donna	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		Menuter:	(Note)	8
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservices (None)	0
		Identifier: 115 115 115	(none)	
Smart, Mildred F	Services Congregate Meals	Fund Identifier: Program Income		
		Identifier: Program Income	Subservice: (None)	1
Marine Control of the	Service: Congregate Meals	Fund		1
	The second second second second	Fund Identifier: Title III-C1	Subservice: (None)	
10010	2 3 3 (1)			1
1 2 2 1 1(1)	× 1 0) 2 (11)	and the same of the	1 1 2 2 3 9))
Principles Property December 1		Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 M		

Smith, Lyle R Smith, Lyle R Smith, Travis Smith, Travis Smider, Audie Smider, Marji Smider	Subservice: (None)
Service: Congregate Meals Funds Service: Congregate Meals Fund	No. of the last of
Service: Congregate Meals Towns Service: Congregate Meals Service: Congregate M	Subservice: (None)
Service: Congregate Meals Thind Tentifier: Service: Congregate Meals Te	
Service: Congregate Meals Service: Congregate M	Subservices (None)
Service: Congregate Meals Third Service: Congregate Meals Thir	
Service: Congregate Meals Service: Congregate M	Subservice: (None)
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Service: Congregate Meals Food Service: Congregate Meals Service Service: Congregate M	
Service: Congregate Meals Found Service: Congregate Meals Service: Congregate Me	Subservice: (None)
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Service: Congregate Meals Service: Congregat	Subservices (None)
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Service: Congregate Meals Fund	Subservice: (None)
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Service: Congregate Meals Rund Service: Congregate Meals Pund	
Service: Congregate Meals Fund Identifier Service: Congregate Meals Fund Identifier Service: Congregate Meals Fund Identifier Service: Congregate Meals Fund Gentifier	Subservices (None)
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Service: Congregate Meals Front Tolentifier: Service: Congregate Meals Found Identifier:	
Service: Congregate Meals Floorings: Admitter: Service: Congregate Meals Floorings: Admitter: Ad	Subservice: (None)
Senior Congregate Meals Fund	Subservice: (Mone)
Service: Congregate Meals Flund	Common
	Subservice: (None)
Service: Congregate Meals Fund Title III-C1	Subservice: (None)

2/2025 Sat 1 | Sun 2 | Mon 3 | Tue 4 | Wed 5 | Thu 6 | Fri 7 | Sat 8 | Sun 9 | Mon 10 | Tue 11 | Wed 12 | Thu 13 | Fri 14 | Sat 15 | Sun 16 | Mon 17 | Tue 18 | Wed 19 | Thu 20 | Fri 21 | Sat 22 | Sun 23 | Mon 24 | Tue 25 | Wed 26 | Thu 27 | Fri 28 | LEGEND M/T: Monthly Total

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	Spittler, Shirley L	Services Congregate Meals	Fund Identifier: Program Income	Subservices (None)	
		Marine and Control of the San A State of the San A	The second secon		
		Service: Congregate Meals	Fund Title III-C1	Subservice: (None)	
	Stanford, James	Services Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		Services Congregate Meals	Fund Identifier Title III-C1	Subservice: (None)	
	Stevens, Billy	Services Congregate Meals	Fund Program Income	Subservice: (None)	
		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Stewart, Carla R	Service: Congregate Meals	Fund Identifier Program Income	Subservice: (None)	
		Service: Congregate Meals	Fund Title III-C1	Subservice: (None)	
	Stewart, Ruth K	Service: Congregate Meals	Fund Program Income	Subservice: (None)	
					1
		Service: Congregate Heals	Fund Identifier: Title III-C1	Subservice: (None)	,
	Stewart, Sheila K	Sarvice: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Strohm, Irene	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	
		The same and the s			
		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
	Sutton, Shirley	Service: Congregate Meals	Fund Program Income	Subservice: (None)	
	×	The same same same same same same same sam		TINI	2
		Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)	
		the second second second second			
	Swinney, Carl W	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)	0
	×××××	XX XX		AXXXX	18
		Services: Congregate Meals	Pund Identifier: Title III-C1	Subservice: (None)	(0)
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Swinney-Grimes, Patsy J	Service: Congregate Meals	16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 2	Subservice: (None)
XXXXX	MX XX		
	Services Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Name of the last o	(mans)
Taylor, Richard	Service: Congregate Meals	Fund Program Income	Subservice: (None)
	MILLIAM		(None)
	Service: Congregate Meals	Pund Mentifier: Title III-C1	Subservice: (None)
		Acceptance:	(Holle)
Tharp, Joan	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		loedgiser;	(none)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Joendhan	(None)
Tidwell, Deanna L	Service: Congregate Meals	Fund Program Income	Subservice: (None)
XXXX	XXXI X	Identifier	16
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Identifier	(None)
Tidwell, Eldridge R	Service: Congregate Meals	Fund Identifier Program Income	
XXX X	MXXXX	Identifier Fogram Andrie	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: Title III-CI	Subservice: (None)
Timme, Kay	Service: Congregate Meals	Fund Identifier: Program Income	
		Identifier:	Subservices (None)
_0 _000	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Ideatiner;	(None)
Tolar, Bill	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		AGENUISET .	(None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		application of the second of t	
Tooke, Rose M	Service: Congregate Meals	Fund Program Income	Subservice: (None)
		acientifier:	(none)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
		Identifier	(reone)
Trainer, Duane E	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
		Identifier Togram ancone	(None)
	Service: Congregate Meals	Fund Title III-C1	
		Identifier: THE III U	Subservice: (None)
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Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Tucker, Evon	Service: Congregate Meals	Fund Identifier: Program Income	The state of the s
		Identifier: *** State Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Marie Committee of the
The second secon		Identifier: 110E 111-C1	Subservice: (None)
Tucker, John (Chris) C	Service: Congregate Meals	The state of the s	
		Fund Identifier: Program Income	Subservices (None)
	Service: Congregate Meals		
		Fund Identifier: Title III-C1	Subservices (None)
VanDyke, Gloria I	Service: Community Mark		
- Justina 2	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			MITTI
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Waldren Fadis F			
Waldrep, Earline F	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
Walker, Nancy S	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
			(tole)
	Services Congregate Meals	Fund Identifier: Title III-C1	
		Agendrier: A	Subservice: (None)
Walters, Mary D	Services Congregate Meals	Fund Identifier: Program Income	
The state of the s		Identifier: ** Ogram Arcome	Subservice: (None)
	Service: Congregate Meals	Fund Identifier: Title III-C1	
		Identifier: 1115 44	Subservices (None)
Wheeler, Freddie I	Service: Congregate Meals	Fund	
		Fund Identifier: Program Income	Subservice: (None)
	Services: Congregate Meals	Panel and and	
		Fund Adentifier: Title III-C1	Subservice: (None)
Wheeler, Robert	Service: Congregate Meals		
		Pund Identifier: Program Income	Subservice: (None)
	Services Congregate Meals		11122
	Congregate reas	Fund Identifier; Title III-C1	Subservice: (None)
White, Georgia M			
Winte, Georgia M	Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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	Service: Congregate Meals	Fund 1dentifier: Title III-C1	Subservice: (None)
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		Service: Congregate Meals	Fund Identifier Title III-C1	Subservice: (None)
	Wnitenead, Judy E	Service: Congregate Meais	Fund Identifier: Program Income	Subservice: (None)
		Service: Congregate Meals	Pund Title III-C1	Subservice: (None)
	Whitefuld Dear			
	will and way o	Service: Congregate Meals	Pund Identifiers Program Income	Subservice: (None)
		Service: Congregate Meals	Rand Liberatinen Tittle III-C1	Subservice: (None)
	Wierzbinski, Lawrence	Service: Congregate Meals	Pland Identifier, Program Income	Subservices (None)
		Service: Congregate Meals	Fund Identifies Title III-C1	Subservice: (None)
	Wilk, Kimmie	Service: Congregate Meals	Fund Program Income	Subservice: (None)
		Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
	_	Service: Congregate Meals	Fund Identifian Program Income	Subservice: (None)
	XXXX	XXXX	X X X	NO NO NO
		Service: Congregate Meals	Ford Libertifier Title III-C1	Subservice: (None)
	Williams, Jackie B	Services Congregate Meals	Fund Income Identifier: Program Income	Subservice: (None)
	X	X		
		Service: Congregate Meals	Pund Identifier: Title III-C1	Subservice: (None)
	Weller Or 1			
STATE OF THE PARTY	Willis, Charles	Service: Congregate Meals	Fund Income Income	Subservice: (None)
	X	V	X	
		Service: Congregate Meals	Pund Identifier, Title III-CI	Subservior (None)
	willinan, reggy L	Services: Congregate Meals	Fund Liberatifier: Program Income	Subservice: (None)
		Service: Congregate Meals	Identifier Tibe III-CI	Subservice: (None)
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Agency:

Deep East Texas Area Agency on Aging

Tyler County - C1

Site: Service:

Physical Fitness

Fund Identifier:

Local Cash

Fund Identifier:

Title III-B

Tyler County Nutrition Center

Provider:

Default Unit Rate: \$11.55 Default Unit Rate: \$11.55 2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28 1 Allen, Margie F Service: Physical Fitness Local Cash Subservice: (None) Service: Physical Fitness Fund Title III-B Subservices (None) 2 Beal, Dolores A Service: Physical Fitness Local Cash Subservices (None) Services Physical Fitness Fund Title III-B Subservices (None) 3 Cauley, Cheryl P Service: Physical Fitness Local Cash Subservice: (None) IXI Service: Physical Fitness Title III-B Subservice: (None) Cravy, Julie B Services Physical Fitness Local Cash Subservice: (None) Service: Physical Fitness Title III-B Subservice: (None) 5 Creed, Diane Service: Physical Fitness **Local Cash** Subservice: (None) Service: Physical Fitness Title III-B Subservice: (None) 6 Davidson, Irma Service: Physical Fitness **Local Cash** Subservice: (None) Service: Physical Fitness Title III-B Subservice: (None) 7 Deason, Catherine Services Physical Fitness **Local Cash** Subservice: (None) Service: Physical Fitness Title III-B Subservice: (None) 8 Ellis, Gerry L Service: Physical Fitness **Local Cash** Subservice: (None) Service: Physical Fitness Title III-B 2 Subservice: (None) 2/2025 Sat 1 Sun 2 Mon 3 Tue 4 Wed 5 Thu 6 Fri 7 Sat 8 Sun 9 Mon 10 Tue 11 Wed 12 Thu 13 Fri 14 Sat 15 Sun 16 Mon 17 Tue 18 Wed 19 Thu 20 Fri 21 Sat 22 Sun 23 Mon 24 Tue 25 Wed 26 Thu 27 Fri 28 Printed: 01/27/2025 11:07:43AM Rev.20250127 LEGEND M/T: Monthly Total Page 1 of 6 3

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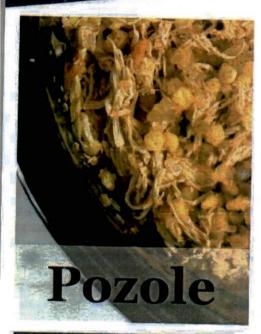
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Recipe: Mexican Pozole Soup



Nutrition Facts

10 Servings Per Container

Serving size 1 cup

Amount Per Serving

200	10	1
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Calories	200
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 550mg	24%
Total Carbohydrate 19g	7%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 2mg	10%
Potassium 509mg	10%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

2 pounds skinless boneless chicken thighs

1 can (15-ounces) stewed tomatoes, no salt added

1/4 cup tomato paste

1 can (30 ounces) hominy, drained

1 large onion

1 can (4 ounces) diced green chilies

4-6 garlic cloves, finely chopped

2 teaspoons dried oregano flakes (may be sold as leaves)

1 teaspoon cumin

1/2 teaspoon salt

1 teaspoon pepper

1/2 cup water

1/4 cup cilantro, chopped (or more to taste)

Directions

Makes: 10 1-cup servings Prep: ____ minutes

- 1) Wash your hands and clean your cooking area.
- 2) Place the meat in a 4-quart slow cooker. Add the stewed tomatoes, tomato paste, hominy, onion. chilies, garlic, oregano, cumin, salt, and pepper.
- 3) Pour in 1/2 cup water and stir to combine all ingredients.
- 4) Cover, and cook on low for 6-7 hours or on high for 3-4 hours.
- 5) Make sure the meat reaches an internal temperature of 145 F for pork or 165 F for chicken. Shred the meat before serving.
- 6) Top with chopped cilantro and enjoy!

Note: If you have pork loin on hand, you can use this in place of chicken thighs.

Designed by: Marissa Albers, Technician II, Food & Nutrition Unit This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider and employer. Texas A&M AgriLife Extension is an equal opportunity employerand program provider.



Egg and Chicken Terms

"100% or All-Natural"

- Only means nothing was added to the egg (coloring, flavoring)
- Does NOT indicate how the chicken was raised.

"USDA Organic"

 Certified organic eggs are from uncaged hens that have free range of their houses and access to outdoor spaces. They are also fed an organic diet.

"Vitamin Enhanced"

 Hens are given a special diet that helps them produce eggs with a higher vitamin content (e.g. Vitamin E).

"Omega - 3 Enriched"

 Hens are fed a diet that includes flaxseed, algae or fish oils to increase the Omega-3 fatty acid content of the eggs

"No rBST (or rBGH)"

- rBST and rBGH are growth hormones that are given to cows to increase milk production

"Ultrapasteurized (UHT)" Milk

 Milk has been heated to at least 280 degrees F for 2 seconds. This increases shelf life, but may cause a "cooked" flavor

USDA Organic

Cows have year-round access to outdoors/pasture.
 No hormones are used. Cows are fed an organic diet (grains, forage)

"Grass-fed Beef"

 100% Grass Fed means an animal is fed forage 100% (no grain crops) after being weaned from their mother's milk

"No Antibiotics"

- Hens are raised without antibiotics of any type

"No added Hormones"

- NO eggs have added hormones (regardless of what the package says) because the use of hormones is NOT allowed in hog or poultry production
- If you see "No added hormones" on a package, it must be followed by the statement: "Federal regulations prohibit the use of hormones".

"Free-range"

 Hens are cage free with continuous access to the outdoors during their laying cycle.

"Cage-free"

 Hens are raised in an enclosed structure with unlimited access to food and water. They are NOT required to have access to the outdoors.



Goal Setting

- · Ask yourself -
 - Which 'Eat Well' area do I want to work on?
 - What am I going to do?
 - How often am I going to do it?
- Examples
 - I will choose one canned food item that is labeled no-salt added.
 - I will replace using butter with canola oil when cooking.

Staying Connected

- Texas A&M AgriLife Extension Service programs
 - Dinner Tonight
 - https://dinnertonight.tamu.edu/
- · What's on your plate? National Institute of Aging
 - https://order.nia.nih.gov/publication/whats-on-your-plate
- · We have an App for that
 - Fooducate

Tips for Improving Your Nutrition

Instead of	Choose
Canned, packaged, or ready-to-eat foods	Foods labeled as reduced sodium, low sodium, or no salt added
Condiments, sauces, and flavor packages	Use herbs or no-salt spices mixes, opt for low sodium or no salt added foods
Salted nuts and seeds	Unsalted almonds, walnuts, or other unsalted nuts

Added Sugars

- · Contribute additional calories without essential nutrients
- · Naturally occurring sugars are not added sugars
 - Fruit and milk are not added sugars
- Primary food sources:
 - Sweetened beverages, grain based desserts, and candy
- · Shift towards foods without added sugars
 - 10% or less of your daily value

Review



So far we reviewed how the nutrition facts label may help in determining which food product can be part of a healthy eating pattern and improve quality of life.

Saturated Fat

- Reduces cognition
- Increases LDL cholesterol
- Primary Consumed Sources:
 - Mixed dishes containing cheese, meat, or both
 - Burgers, sandwiches, tacos, pizza, grain dishes, and meat, poultry, and seafood dishes.
- Shift food choices to be low in saturated fat
 - 5% or less of the percent daily value

Sizing Up Servings

- · Based on the typical amount of food most Americans eat
- Serving size may be larger or smaller than a recommended amount you should eat
 - Check and compare serving size to actual amount portioned
 - Use the calories and other food components when selecting the best option



Percent Daily Value

8 Servings Per Container Serving size 2/3 c	up (55g
Amount Per Serving	wasten a
Calories	230
% Da	ly Value
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	THE RESERVE
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 3/g	13%
Dietary Fiber 4g	14%
Total Sugars 12g Includes 10g Added Sugars	NAME OF THE OWNER OWNER OF THE OWNER O
Protein 3a	20%
CONTRACTOR OF THE PARTY OF THE	
Vitamin D 4mcg	40%
Calcium 260mg	20%
ron 8mg Potassium 235mg	45%
The % Daily Value tells you how muck a horizon	6%

- Shows the percentage a nutrient/food component contributes to your total daily value
 - 5% or less is low in a nutrient
 - Aim more often for saturated fat, sodium, and added sugar
 - 10% is moderate in a nutrient
 - 20% or more is high in a nutrient
 - Aim more often for vitamin D, calcium, potassium, and iron

Goals for Today

- Choosing foods with less sodium, saturated fat, and added sugars as part of a healthy eating pattern.
- Using the nutrition facts label as a tool to help make informed food choices.
- Discussing why limiting certain nutrients are part of living an independent life.
- Showing how making small changes in food choices may help shift into a healthy eating pattern.

Nutrition and Quality of Life

- · Good nutrition reduces the risk for diet related chronic disease
 - Heart disease
 - Obesity
 - Type 2 diabetes
 - Hypertension
 - Some forms of cancer
- Good nutrition is an eating pattern with:
 - Less: saturated fat, sodium and added sugars
 - More: water, lean and plant proteins, vegetables, whole grains, and fat free dairy

Goal Setting



Ask Yourself:

- 1) Which "Eat Well" area do I want to work on?
- 2) What am I going to do?
- 3) How often am I going to do it?

Examples:

I will choose one canned food item that is labeled no-salt added! I will replace using butter with canola oil when cooking!

My 'Be Well, Live Well: Be Able' goal for this month is to:



Staying Connected



Free online resources

Texas A&M AgriLife Extension Service programs
Dinner Tonight: https://dinnertonight.tamu.edu/



What's on your plate?- National Institute of Aging

https://order.nia.nih.gov/publication/whats-on-your-plate



We have an App for that!

Fooducate

Recipe: Sloppy Joes



Nutrition Facts

4 Servings Per Container
Serving size 1 bun with
1/2 cup filling

Amount Per	Serving
Calori	es

370

Salar Sa	% Daily Value*
Total Fat 8g	10%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 640mg	28%
Total Carbohydrate 41g	15%
Dietary Fiber 1g	4%
Total Sugars 17g	
Includes 8g Added Sugar	s 16%
Protein 26g	

Vitamin D 0mcg	0%
Calcium 134mg	10%
Iron 5mg	30%
Potassium 685mg	15%

 The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Added sugars are estimated and will vary based on type of BBQ sauce used

Ingredients

1/2 small onion, chopped

1/2 green bell pepper, chopped

1-pound lean ground beef (96% lean, 4% fat)

1/2 teaspoon garlic powder

1 teaspoon mustard

1 can (8 ounces) tomato sauce, no salt added

1/2 cup BBQ sauce

4 whole-wheat hamburger buns, toasted if desired

Directions

Makes: 4 servings

- 1) Wash hands and clean your cooking area.
- Add onions and peppers in a large nonstick skillet.
 Saute over medium heat. After cooked, remove from skillet and set aside.
- 3) In the same skillet, add ground beef. Cook over medium heat until meat is browned. Stir occassionally to break up the meat. Drain fat if needed.
- 4) Stir in garlic powder, mustard, tomato sauce and barbeque sauce. Let simmer for 15-20 minutes.
- 5) Serve on a whole wheat hamburger bun.
- 6) To store pre-portioned leftovers, scoop remaining sloppy joe mixture into muffin tins and freeze overnight. Remove and store in freezer bags.
- 7) Thaw in the refrigerator or in the microwave next time you are ready to eat!

Designed by: Marissa Albers, Technician II. Food & Nutrition Unit
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.
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Updated October 2022

ATEXAS A&M GRILIFE EXTENSION

Product	Refrigerate (40 °F)	Freezer (o °F)	
Seafood	1-2 days	Lean fish (flounder, haddock, halibut, etc.) 6 to 8 months Fatty fish (salmon, tuna, etc.) 2 to 3 months	
Leftovers	3-4 days	Cooked meat and poultry- 2-6 months Casseroles, soups, stews- 1-2 months	
Milk	1 week	3 months	
Yogurt	1-2 weeks	1-2 months	
Beans raw	3-4 days	8 months	
Carrots raw	2 weeks	10-12 months	
Lettuce	Leaf: 3-7 days Head: 1-2 weeks	Does not freeze well	
Tomatoes raw	2-3 days	2 months	

Source: USDA. Food Safety for Older Adults. USDA-FDA Cold Storage Chart.

Thank you

Review

Food safety supports your health, therefore, Quality of Life. A pattern of food safety keeps us safe from foodborne illness. A good food safety pattern includes:

- · safe food shopping
- · understanding dates on packages
- cooking and refrigeration temperatures
- · clean hands and food surfaces

Goal setting

- · Ask yourself -
 - Which 'Eat Safe' area do I want to work on?
 - What am I going to do?
 - How often am I going to do it?
- Examples
 - I will check the temperature of my fridge weekly.
 - I will wash my hands before preparing meals.

Cold Storage

Product	Refrigerate (40°f)	More information
Seafood	1-2 days	
Leftovers	3-4 days	Cooked meat, poultry, fish, meat dishes egg dishes, soups, stews
Milk	1 week	
Yogurt	1-2 weeks	
Beans raw	3-4 days	
Carrots raw	2 weeks	
Lettuce	3-7 days - leaf 1-2 weeks - head	
Tomatoes raw	2-3 days	

Cooking

- Safe minimum internal cooking temperatures
- · Food thermometer
- Separate



Review



So far we reviewed:

- Why we are more susceptible
- Foods to avoid
- Shopping safely
- Keeping food safe

Dates on Food Packages

Open dates

- Sell by
- Best if used by (or before)
- Use by
- Expiration



Foods to Avoid

- · Raw or undercooked meats, poultry, fish, or shellfish
- Refrigerated smoked fish or seafood or unpasteurized, refrigerated pâtés or meat spreads
- · Cold hot dogs and lunch meats
- Unpasteurized (raw) dairy products, juices or some soft cheeses

More Foods to Avoid

- Raw or partially cooked unpasteurized eggs and foods made with raw, unpasteurized eggs
- Unwashed fresh vegetables
- Raw sprouts
- Ready to eat meat or seafood salads

Today...

- 1. Food safety and your health.
- 2. Keep food safe when shopping.
- Understand dates on food packages, know when to throw out food.
- 4. Cooking and refrigeration food temperatures are important to food safety.
- Clean hands and food surfaces are important in food safety.

Food Safety & Quality of Life

- Good food safety reduces the risk for foodborne illness:
 - Campylobacter
 - Salmonella
 - Cryptosporidium
 - Shigella
 - Listeria
- Good food safety is a pattern of:
 - Keeping food separated, refrigerated, cooked to the proper temperatures, and thrown out when passed its date
 - Washing hands and keeping food contact surfaces clean



Goal Setting



Ask Yourself:

- 1) Which "Be Safe" area do I want to work on?
- 2) What am I going to do?
- 3) How often am I going to do it?

Examples:

I will check the temperature in my fridge weekly! I will wash my hands before preparing meals!

My 'Be Well, Live Well: Be Safe' goal for this month is to:



Staying Connected



Texas A&M AgriLife Extension Service programs https://foodsafety.tamu.edu/



What's on your plate?- National Institute of Aging
- https://order.nia.nih.gov/publication/whats-on-your-plate



We have an App for that! FoodKeeper

Be Well, Live Well

Be Safe: Eat Safe

Session 3



Be Safe: How am I Doing?

	Question	Circle or for e	ne answer ach quest	choice ion:
U.	How do you describe your food safety skills?	Excellent Very good	Good	Fair Poor
2	In an average week, how often do you use a food thermometer when cooking?	Usually/often	Sometimes	Rarely/never
3	In an average week, how often do you check the temperature of your fridge?	Usually/often	Sometimes	Rarely/never
4	In an average week, how often do you thaw frozen meat on the counter?	Usually/often	Sometimes	Rarely/never
5	In an average week, how often do you wash hands and counters prior to food preparation?	Usually/often	Sometimes	Rarely/never
0	In an average week, how often do you eat undercooked meat?	Usually/often	Sometimes	Rarely/never
0	In an average week, how often do you get 30 minutes or more of physical activity a day?	Usually/often	Sometimes	Rarely/never
8	How willing are you to make changes in your food safety behaviors?	Very willing	Willing	Not at all willing









Be Well, Live Well

Be Safe: Eat Safe

Let's Share

What does food safety mean to you?



"DVVH Holiday Visit" by Pensylvannia National Guard, photo by Tom Cherry is licensed under CC BY 2.0 https://flic.kr/p/iza852

Symptoms of Foodborne Illness

- · Diarrhea
- Vomiting
- · Abdominal cramps/upset stomach
- Flu like symptoms



Why Are You At Risk?

- People over 65 are at a higher risk from foodborne illness
 - Weakened immune systems
 - Decrease in stomach acid
 - Digestion slows
 - Chronic illnesses
 - Liver and kidney
 - Sense of taste and smell affected

Food Safety & Shopping

- · Read labels
 - Check dates
- Buy pasteurized products
 - Milk or dairy, juices, or eggs
- Check packaging
- Separate foods
- Pick up perishable foods last



Food Safety & Non-home Meals

- Meals to go or take out
- · Home Delivered



Refrigeration

- Refrigerator
 - 40°F
 - Cleanliness
- Thawing
 - Refrigerator
 - Microwave
- Food
 - Refrigerate within 2 hours or within 1 hour on warmer days

Cold Storage

Product	Refrigerate (40°f)	More information
Eggs	3-5 weeks in shell 1 week – hard cooked	Liquid pasteurized or egg substitutes 3 days opened and 10 days closed
Deli and vacuum- packed	3-5 days 3-4 days (entrees-cold or hot)	Egg, chicken, ham, tuna, and macaroni and salad
Luncheon meat	3-5 days open package 2 weeks unopened	
Bacon and sausage	7 days – bacon; 1-2 days – sausage, raw	
Hamburger and other ground meats	1-2 days	Ground beef, turkey, veal, pork, lamb or mixtures of all
Fresh beef, pork, veal, or lamb	3-5 days	Steaks, chops, roasts
Fresh poultry	1-2 days	Chicken or turkey, whole or pieces

Cooking Temperatures

Product	Temperature	More information
Beef, veal, lamb (chops, steaks, and roast)	145 °F	3 minute rest time after removing from heat
Fish or seafood	145 °F	
Pork	145 °F	CONTRACTOR OF THE PROPERTY OF
Ground beef, pork, veal, lamb	160 °F	
Egg dishes	160 °F	Eggs – until yolks and white are firm
Turkey, chicken, duck (whole, pieces, or ground)	165 °F	
Reheating leftovers or take out	165 °F	Sauces, soups, gravy bring to a boil to reheat
Hot dogs, fiambres y mortadela recalentados	165 °F	Or steaming hot
Microwave cooking	To foods safe minimum internal temperature	Cover, stir, rotate, and allow to stand

Cleanliness

- Hands
- Surfaces
- Produce



Staying Connected

- What's on your plate? Food Safety National Institute of Aging
 - https://order.nia.nih.gov/publication/whats-on-your-plate
- · We have an App for that
 - FoodKeeper App
 - https://www.foodsafety.gov/keep/foodkeeperapp/

Getting a taste for food safety

Sloppy Joes





Cold Storage



These time limit guidelines will help keep refrigerated food safe to eat. Because freezing keeps food safe indefinitely, recommended storage times for frozen foods are for quality only.

Dungar	2
Produ	

Refrigerate (40 °F)

Freezer (o °F)

*For best quality

	2 or over quanty		
Eggs	In shell: 3 to 5 weeks Hard cooked: 1 weekLiquid pasteurized Eggs, egg substitutes- 3 days opened and 10 days closed	Unopened, liquid pasteurized eggs or egg substitutes: 1 year All other types of eggs do not freeze well	
Deli and vacuum-packed	Egg, chicken, ham, tuna, and macaroni salad: 3 to 5 days	Does not freeze well	
Luncheon meat	Open package: 3-5 days Unopened- 2 weeks	1-2 months	
Bacon and sausage	Bacon: 7 days Sausage (raw): 1-2 days	Bacon: 1 month sausage (raw): 1 to 2 months	
Hamburger and other ground meats	1-2 days	3-4 months	
Fresh beef, pork, veal, or lamb	3-5 days	Steaks: 6 to 12 months Chops: 4 to 6 months Roasts: 4 to 12 months	
Fresh poultry	1-2 days	Chicken or turkey, whole: 1 year Chicken or turkey, pieces: 9 months	

Be Well, Live Well: Be Safe

Product:



More Information:

Beef, veal, lamb, pork (chops, steaks, and roast)	145 °F	3 minute rest time after removing from heat
Fish or seafood	145 °F	TOTAL
Ground beef, pork, veal, lamb	160 °F	
Egg dishes	160 °F	Eggs - until yolks and whites are firm
Turkey, chicken, duck (whole, pieces, or ground)	165 °F	
Reheating leftovers or takeout	165 °F	Sauces, soups, gravy bring to a boil to reheat
Reheat hot dogs, luncheon meats, bologna, and deli meats	165 °F	Or steaming hot
WILCI OWAVE COUNTILD	food's safe minimum rnal temperature	Cover, stir, rotate, and allow to stand

Remember:



- Food safety supports your health and therefore, your Quality of Life
- A pattern of good food safety keeps us safe from foodborne illness
- A good food safety pattern includes:
 - Understanding the meaning behind the dates on packages
 - Shopping safely for your food
 - Washing hands and food contact surfaces before and after food preparation
 - Knowing the proper refrigerator and minimum internal cooking temperatures for foods

Sell by

Last day a food should be on display in the store

Best if used by

Date the food should be eaten before for best quality or flavor

Use by

Last date the food should be eaten for highest quality

Expiration

The last date the food is safe to eat

Be Well, Live Well

Be Able: Read the Label

Session 2



Be Able: How am I Doing?

Question

Circle one answer choice for each question:

			1	
1	How do you describe your food shopping skills?	Excellent Very Good	Good	Fair Poor
2	In an average week, how often do you read a nutrition food label?	Usually/often	Sometimes	Rarely/never
3	In an average week, how often do you have a hard time selecting lower sodium foods?	Usually/often	Sometimes	Rarely/never
4	In an average week, how often do you have a hard time selecting foods with less saturated fat?	Usually/often	Sometimes	Rarely/never
(a)	In an average week, how often do you have a hard time selecting foods with less added sugar?	Usually/often	Sometimes	Rarely/never
Q	In an average week, how often do you eat canned vegetables or soups?	Usually/often	Sometimes	Rarely/never
8	In an average week, how often do you drink sweetened beverages such as soda or sweet tea?	Usually/often	Sometimes	Rarely/never
9	In an average week, how often do you drink whole milk?	Usually/often	Sometimes	Rarely/never
10	In an average week, how often do you get 30 minutes or more of physical activity a day?	Usually/often	Sometimes	Rarely/never
11)	How willing are you to make changes in your food selections by using the nutrition label?	Very willing	Willing	Not at all Willing









Let's Share

- 1. What things do you consider or think about when shopping for foods?
- 2. What are some ways you might have used the label to make a food choice?



Nutrition Facts Label

- Informs decisions when making food choices
 - Aids in selecting foods as part of a healthy eating pattern
- Provides a visual in comparing food choices
- · Provides nutrition facts for one serving of the serving size

Nutrition Fa	cts
5 Servings Per Container	BENEFIT TOTAL
Serving size 2/3 cu	o (55a)
Amount Per Serving	
Calories	230
Calories	230
% Daily	Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g Cholesterol 0mg	00/
Sodium 160mg	74
Total Carbohydrate 37g	13%
Dietary Fiber 4q	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 235mg The Scale Value left was how much a market	CONTRACTOR OF THE PERSON OF TH
of four contributes to a daily diet. 2 000 calories	orphosolphu.)
for general nutrition article.	

Front of the Label Claims

- Not regulated by FDA - Not required
- · Used for marketing a product
- · Does not show a foods nutritional value















Nutrients and the Label

- · Nutrients to Limit:
- · Saturated Fat
 - Less than 10% of calories per day
 - Sodium
 - Less than 2,300 milligrams per day
 - Added Sugars
 - Less than 10% of calories per day



Which would you choose?

Serving size 1/	2 cup (55g
Amount Per Serving Calories	100
% Da	ily Value
Total Fat .5g	19
Saturated Fat 0g Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 18g	7%
Dietary Fiber 6g Total Sugars 1g	219
Includes 0g Added Sugars	0%
Protein 6g	Vanta diversion
Vitamin D 0mcg	09
Calcium 56mg	49
Iron 2mg	109
Potassium 331mg	89

	Serving size 1/2 cup (55g		
Amount Per Serving	-		
Calories	100		
% Daily	Value'		
Total Fat 1g	1%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 15mg	1%		
Total Carbohydrate 18g	7%		
Dietary Fiber 6g	21%		
Total Sugars 1g			
Includes 0g Added Sugars	0%		
Protein 6g	-		
Vitamin D 0mcg	0%		
Calcium 60mg	4%		
Iron 2mg	10%		
Potassium 350mg	8%		

Tips for Improving Your Nutrition

Instead Of:	Choose:
Butter, lard, shortening, coconut oil, palm oil	Canola, olive, sunflower, corn and safflower oils
Poultry skin, visible meat fat, red meat, ground beef, sausage, bacon, organ meats (such as liver, kidney)	Skinless and trimmed meats such as white meat chicken, turkey, pork chop, ground beef sirloin, or fish
Fried or pan fried food products	Cooking methods such as grilling, baking, broiling, roasting, or steaming
Whole milk, 2 % milk, half and half, cream, or full fat diary products	Skim, 1%, fat free dairy products

Sodium

- Primarily consumed as salt (sodium chloride)
- Eating foods containing high amounts of sodium may raise blood pressure
- Primarily found:
 - Mixed dishes: Pizza, casseroles, soups, meat and poultry dishes
- Shift food choices to be low in sodium
 - 5% or less of the percent daily value

Tips for Improving Your Nutrition

Instead of	Choose	
Soda or fruit flavored drinks	Water, fat-free or low-fat milk, unsweet tea, or 100% fruit juice	
Ice cream or frozen yogurt	Frozen fruits (without added sugars) or frozen 100% fruit bars	
Sugar sweetened cereals, cookies, jams or jellies	Oatmeal with fruit, graham crackers, plain animal crackers, or 100% fruit spreads	
Flavored milk, sweetened yogurt	Unflavored low-fat milk or low-fat plain yogurt with a fresh fruit topping	

Review

- 1. A healthy eating pattern has less: saturated fat, sodium and added sugars
- Choose a variety of foods such as lean and plant proteins, vegetables, whole grains, and fat free dairy
- 3. Nutrition facts labels help to make informed decisions
- Lower or substitute certain foods high in saturated fat, sodium, and added sugars for more nutrient dense foods



Understanding Food Packaging and Marketing Claims Do You Know What You're Eating?

Non-GMO" or "GMO-Free"

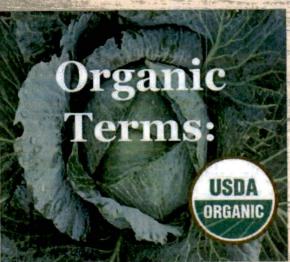
Used by the food industry to advertise that a food is free from genetically modified organisms. This is a VOLUNTARY label

Local"

Produced and processed within a particular area (e.g. within an undefined # of miles, commonly considered to be less than 400 miles from its origin, or within the State in which it is produced)

*Terms in RED do NOT have a formal definition right now...

Stay tuned!



"Natural"

Generally means that a product has nothing artificial or synthetic added to it

"Fresh"

- Food is unprocessed and has not been frozen or subjected to any form of thermal processing or any other form of preservation
- NOTE: This definition still allows for wax coatings, post harvest use of approved pesticides, application of mild chlorine wash, and treatment with ionizing radiation.

"Made with Organic

 Used when a product contains at least 70% organic ingredients (excluding salt and water)

"Organic"

 Any product that contains a minimum of 95% organic ingredients (excluding salt and water)

"100 % Organic"

 Any product that contains 100% organic ingredients (excluding salt and water)

"USDA Certified Organic"

- Grown and processed using strict guidelines
- NO genetically modified organisms
- Produce: no synthetic fertilizers/pesticides
- Meat: animals raised in living conditions that reflect their natural behavior, fed 100% organic feed and forage, and not given antibiotics or hormones
- Packaged foods: no artificial preservatives, colors, or flavors; ingredients are organic with a few exceptions (ex: baking soda, pectin, etc.)

"Whole Grains"

 Whole grains contain the bran, germ, and endosperm (examples of whole grains: brown rice, oatmeal, corn)

Grain Terms

Be Well, Live Well: Be Able

Read the Label!



Limit saturated fat to less than 10% of calories per day



Lower **sodium** to less than 2,300 milligrams (mg) per day



Limit added sugars to less than 10% calories per day

Nutrition Facts

5 Servings Per Container

Serving size 2/3 cup (55g)

Amount Per Serving

Calories

230

	% Daily Value
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 60m	g 0%
Sodium 160mg	7%
Total Carbohydrate	37g 13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Add	led Sugars 20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 235mg	6%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Use the **serving size** and **calories** to determine if the food meets your food goals

%
Daily Value

5% or less is low, 10% is moderate, and 20% is high in a nutrient



Get more of these nutrients: Vitamin D, Calcium, Iron and Potassium

Nutrients to Limit:

Instead of:

Choose:



Saturated Fat

Butter, lard, shortening, coconut oil, or palm oil



Canola, olive, sunflower, corn and safflower oils



Sodium

Canned, packaged, or ready-to-eat foods



Foods labeled as reduced sodium, low sodium, or no salt added



Added Sugars

Sugar sweetened cereals, cookies, jams, or jellies



Oatmeal with fruit, graham crackers, plain animal crackers, or 100% fruit